COVID-19 RISK INDEX

Know Your Risk During COVID-19

Opening the mail Teleworking from your own home Getting takeout from a restaurant Pumping gasoline **HIGH RISK** Playing tennis Going camping with your household Eating at a buffet or other usual close contacts Working out at an indoor gym or fitness center **MODERATE-LOW** Going to an amusement park Going to a casino Grocery shopping • Going to a movie theater Going for a walk, run, hike, or bike Attending a large ride with your household or other music concert usual close contacts · Going to a sports Playing golf stadium Hanging out with your Attending events #quaranteam at their house or services with Staying at a hotel 50+ people Sitting in a doctor's waiting room · Going to a bar Going to a library or museum Eating outside at a restaurant Walking in a busy downtown Spending time at a playground **MODERATE-HIGH MODERATE** Going to a hair salon or barbershop • Eating inside a restaurant Dinner party at someone's house Attending a wedding or funeral with people who are not your Traveling by plane usual close contacts Playing a close contact sport such Attending a backyard barbecue as basketball or football Visiting a lake or tubing Shopping at a mall

For ALL Activities:

- Stay home when you are sick or if you think you have been exposed
- Wear a mask when feasible
- Keep at least 6 ft between yourself and non-household members
- Wash your hands frequently

Parties Recreational Sports Receptions

or day care

Sending kids to school, camp,

Working in an office buildingSwimming in a public pool

LOW RISK

Some activities can run the entire risk spectrum. More people in a smaller space equals a higher risk.

